

MDDA 2022 QLD FAMILY RETREAT

Registration Form

InterContinental Sanctuary Cove, QLD

Commences 3:30pm Friday 7th October
 Concludes 3:00pm Sunday 9th October

Registration Information

Registration packages (accompanied with at least 1 adult) are **all inclusive** of the following:

- ✓ 2 nights accommodation (in standard Garden View room)
- ✓ Fully catered delicious regular and low protein meals (from Friday afternoon tea through to Sunday afternoon tea)
- ✓ Complementary group airport transfers from both Brisbane & Gold Coast airports (specified times Friday & Sunday - pre-bookings essential)
- ✓ Free onsite parking
- ✓ Plus, all the fun activities, kids club and educational sessions that will take place across the weekend

All Inclusive MDDA Member Only Packages

	Includes Accom		Sharing Accom with Adults		
	Solo Adult	OR 2 Adults Sharing	3rd Adult or Teen 13yrs+	Child (4-12yrs)	Infant (<4yrs)
Prices	\$715pp*	\$475pp	\$315pp	\$275pp	\$75pp**

All prices inclusive of GST *** extra \$100 if creche/childcare needed during sessions Fri - Sun

*MDDA can partner 2 solo adults on request to pay the twin share rate
 Day only rates are also available upon request

Accommodation Information:



Garden View Room

Included Room
 Views stretching across 4.2 hectare of tropical garden or the magnificent golf course. 37sqm room.

The above prices are based on all family members **sharing one Garden View room for 2 nights**. One room is included for every 'solo adult' package or 2 'adults sharing' packages. Larger families with 3 or more adults or large teens may require 2 rooms and therefore should register these attendees as a 'solo adult' or 2 'adults sharing' to be entitled to a second room. Alternatively, you can opt to pay for an additional (adjoining) room if your family numbers/ages with existing bedding do not enable you to fit in one room.

Two room configurations are available to best suit various family sizes and preferences.

- Twin Rooms (two double beds with optional cot)
- King Rooms (one king size bed with optional cot or rollaway bed for extra charge)

Maximum room occupancy limitations apply as follows:

- 1 Adult (solo) + up to 3 Teens or Children 4-17yrs + 1 Child/Infant <4 yrs (in cot)
- 2 Adults (sharing) + up to 2 Teens or Children 4-17yrs + 1 Child/Infant <4 yrs (in cot)
- 3 Adults (sharing) + 1 Teen/Child 4-17yrs + 1 Child/Infant <4 yrs (in cot)

All costs are based on using existing bedding configurations, so if extra beds/rooms are required you should consider an extra rollaway bed (only suitable for king rooms) or book an additional adjoining room (at additional cost). If you are traveling solo, we are happy to arrange a shared room for you with another MDDA guest to reduce your cost.



Lagoon View Upgrade

Includes a balcony looking over the resort's iconic 1-acre lagoon beach. 37sqm room.

Marina View Upgrade

Includes a balcony looking over the beautiful Sanctuary Cove Marine Village. 39sqm



Program Overview (Subject to change)

FRIDAY 7th OCTOBER

12:30 & 1.50pm Airport Transfers depart Gold Coast
 1:00pm & 2:00pm Airport Transfers depart Brisbane
 2:00pm Check-in opens for registration & Kids Club
 3:30pm Welcome sessions & MDDA Update
 Kids/Teen buddy introductions
 6:15pm Dinner Commences

SATURDAY 8th OCTOBER

7:15am Breakfast & Kids/Teens Club opens
 8:45am Educational Sessions
 10:30am Morning Tea
 11:00am Educational Sessions
 12:15pm Lunch & Supplement Tasting
 1:45pm Developmental & Transitional Sessions
 TBC AGM
 4:00pm Afternoon Tea & Supplement Tasting
 4:30pm Group Activities
 6:15pm Dinner Commences

SUNDAY 9th OCTOBER

7:30am Optional Group Activity
 8:30am Breakfast, Check out & Kids/Teens Club
 9:30am Adult Wellness "Boost" Camp
 10:00am Motivational Speaker
 Transitional Sessions & Workshops
 12:15pm Lunch & Kids/Teens Panel
 1:45pm Closing Sessions
 2:30pm Sessions Conclude/Group Photo
 3:00pm Airport Transfers Depart for Gold Coast & Brisbane (for flights departing from 5pm onwards)

Registration Details

All packages are all inclusive of 2 night's 5 Star accommodation including airport transfers (or onsite parking), all meals (low pro & regular), educational and social sessions, cooking classes and workshops, group activities, formula tasting, kids club (inc. teens program or Peekabu kids club) 3pm Friday through to 3pm Sunday.

+ optional extra cost for infant childcare (recommended & provided during all session times unless own care arrangements in place)

Nb. Refreshments are provided with all meals incl. water, juice, soft drinks, coffee & tea. Other beverages (including alcoholic) are at your own cost.

Includes 1 Garden View Room

Sharing a room with adults

A – Single Adult \$715p/person (own room)

C – 3rd Adult \$315p/person

E – Child (4-12yrs) \$275p/person

B – Adult Sharing \$475p/person (1 room shared)

D – Teen (13yrs+) \$315p/person

F – Child/Infant (<4yrs) \$75p/person

Minimum 2 adults required for package B

+ extra \$100 if creche/childcare needed during sessions Fri – Sun

Please fill in the below table with your group information

	Name	D.O.B (Under 18)	IEM or other dietary (inc. grams of protein p/day)	Relationship to IEM person	Attendee Type (A B C D E F per above)	PP. Price (refer above)
eg.	Jane Smith	-	-	Mother	B	\$450
1						
2						
3						
4						
5						
6						
<input type="checkbox"/> I agree to register/renew my MDDA Membership if it has expired. Add \$50 to my final total.						Package Total: \$ _____

For any independent enough children <4 yrs wishing to join older siblings in kids club, please select package E to be included in this program

Special Dietary Notes/Comments: (important – please include daily protein allowances above for all IEM attendees so that we can cater a menu to suit and outline any preferred/essential low protein menu items below)

Accommodation:

Arrival & Departure Dates (tick applicable dates) Included in package: In <input type="checkbox"/> Friday 7/10/2022 Out <input type="checkbox"/> Sunday 9/10/2022 OR Extending dates: In <input type="checkbox"/> _____ Out <input type="checkbox"/> _____ = Total Nights _____		*Extension rooms and upgrades are subject to availability and must be booked directly with MDDA.
Room Occupancy How many rooms do you require in total? _____ Rooms (Refer to occupancy limits to see if extra room/s needed) <input type="checkbox"/> I only need the room/s included with my packaged allowances <input type="checkbox"/> I would like to book an extra adjoining room (see extra costs below) <input type="checkbox"/> If possible, I would like to share with another adult to reduce my cost from 'solo adult' to 2 'adults sharing' Preferred person to share with (if known): _____		
Preferred Room Configuration <input type="checkbox"/> 2 Double Beds OR <input type="checkbox"/> 1 King Bed <i>All rooms can fit a cot (if available on request) King rooms fit a rollaway bed at extra cost.</i>	Room Type Preference <input type="checkbox"/> Garden view (included) <input type="checkbox"/> Lagoon view extra \$50 p/night <input type="checkbox"/> Marina view extra \$50 p/night Upgrade Total = \$ _____	Extending Nights <u>Extra night/s</u> <input type="checkbox"/> Garden view @ \$290 p/night x _____ <input type="checkbox"/> Lagoon view @ \$340 p/night x _____ <input type="checkbox"/> Marina view @ \$340 p/night x _____ Extending Nights Total = \$ _____

Extras

- Rollaway bed extra \$75 p/n (only suitable for King room)
 Cot (based on availability at no extra charge)
 Adjoining (Garden View Room) \$290 p/n (if avail)

Extras Total = \$ _____

TOTAL COSTS

Package Total + **Upgrade Total** + **Extending Nights Total** + **Extras Total** = \$ _____

*Accommodation preferences are based on availability at time of booking and cannot be guaranteed.

Airport Transfers:

Any airport transfers provided by MDDA MUST be pre booked in advance and are **only available at the specified times below**. Please ensure you book any flights allowing for possible delays and also suitable time to collect any luggage upon arrival, and allow at least 1 our check in time for any departures.

We would like to register for the airport transfer leaving **GOLD COAST** airport at 12:30pm or 1.50pm for flights who arrive **no later than 12:00pm or 1:20pm** on Friday 7th October and **returning to GOLD COAST airport by 3.45pm** for flights departing **no earlier than 4:45pm** on Sunday 9th October
(approx. 45 drive)

- 12.30pm Friday
- 1.50pm Friday
- 3.45pm return Sun
- NO Transfers needed

We would like to register for the airport transfer leaving **BRISBANE** airport at 1pm or 2pm for flights who arrive **no later than 12:30pm or 1.30pm** on Friday 7th October and **returning to BRISBANE airport by 4pm** for flights departing **no earlier than 5pm** on Sunday 9th October
(approx. 60 min drive)

- 1pm Friday
- 2pm Friday
- 4pm return Sun
- NO Transfers needed

If yes, please provide your flight details (or send through once known):

Arrival flight no: _____ Time: _____

Departure flight no: _____ Time: _____

Not booked yet (please advise once booked)

Note: If you are driving or have a hire car, there is onsite free parking available.

Primary Contact Details:

Email: _____ Mobile: _____ State: _____

We would like to receive information on becoming part of the LowProTeens mentoring program (Teens only)

Payment Type:

Preferred Method of Payment

- Credit Card
- EFT

Payment Schedule:

Pay in full

2 Partial Payments

\$250 upon registration

balance on 1st September, 2022

Contact MDDA for tailored payment plan

Credit Card details

Card type: Visa Mastercard Amex

Name on Card: _____

Number:

Expiry: ___ / ___ CVC: _____ Signed: _____

EFT details

Bank: ANZ

Name: MDDA

BSB: 013 278

Account no: 2631 45658

Reference: Include your family name and "QLD22" in reference/description

For Further Enquiries: Call: 1800 288 460 or Email: office@mdda.org.au

Terms and Conditions:

1. PRICING

1.1 All prices are in Australian dollars and include 10% GST.

2. REGISTRATION

2.1 Accommodation is included in the full Adult packages stated.

2.3 Travel, extensions and other incidentals are at your cost.

3. ACCOMMODATION

3.1 Accommodation is at the InterContinental Sanctuary Cove in Gold Coast and must be booked as part of your registration package.

4. TRAVEL

4.1 All costs and arrangements associated with your travel to and from the Retreat (including parking) are at your own arrangements and cost (excluding the complimentary group transfers provided as part of the full Retreat package).

4.2 It is recommended that you take out travel insurance to cover for any unforeseen circumstances that might impede your ability to travel.

5. PAYMENT TERMS

5.1 All Retreat registration fees are payable direct to MDDA.

5.2 Payment can be made by credit card or EFT.

5.3 All credit card payments attract credit card surcharges as follows: Visa, MasterCard or Am ex - 1.86%.

5.4 Please note these credit card charges are directly passed on by MDDA at the rates charged to them. They are higher than standard retail outlet rates as they are charged as online merchant rates. If you have any concerns about these rates charged, please speak with MDDA and alternative payment methods can be accepted.

5.5 Payment will be processed in full upon receipt of your registration unless you opt to participate in the payment plan.

5.6 A taxation invoice/receipt will accompany your registration confirmation which will be emailed to you once your registration has been processed.

6. CANCELLATION AND REFUND TERMS

6.1 Refunds are available at the discretion of the Metabolic Dietary Disorders Association.

6.2 Cancellations must be received in writing and a minimum \$50 cancellation fee will apply per person.

6.3 If cancellation is received in writing less than 90 days out from the event start date, 50% of estimated package costs are payable, if less than 60 days out 100% is payable.

7. NON-DISCLOSURE

7.1 Metabolic Dietary Disorders Association may film, photo and video this event.

7.2 Any data collected from this event will be strictly in accordance with the Privacy of Information Act.